



SKGB

**SCOTTISH KARATE
GOVERNING BODY**

Senior National Championships

Sunday 8 December 2019

**Ravenscraig Regional Sports Facility, 1 O'Donnell Way,
Wishaw, ML1 2TZ**

**Children, Cadets, Junior, U21,
Senior, Veteran**



Dear Members

On behalf of the SKGB I am pleased to invite you to the National Senior Grade Championships. For 2019 we have a new look with the national kata and kumite championships being combined to run together as one event. The kata events will also take on a new look with all styles only events.

In April we held the inaugural SKGB Kyu grade championships for our novice athletes in the early stages of their competitive career. This event, the SKGB Senior Grade National Championships is for those athletes that are 3rd Kyu and above.

I encourage your participation and support to make this event a success and I look forward to seeing you there and to your continued support of sport karate in Scotland.

Yours faithfully

Jim Ross
Director of Sport

ALL CATEGORIES ARE 3RD KYU+ (BROWN AND BLACK BELT)

KATA - INDIVIDUAL				
Category	Code		Category	Code
Mixed Kata : 7-9 years	KA01		Mixed Para Kata : Able bodied	KA08
Mixed Kata : 10-13 years	KA02		Mixed Para Kata : Wheelchair user	KA09
Female Cadet Kata	KA03		Male Cadet Kata	KA10
Female Junior Kata	KA04		Male Junior Kata	KA11
Female U21 Kata	KA05		Male U21 Kata	KA12
Female Senior Kata	KA06		Male Senior Kata	KA13
Female Veteran Kata	KA07		Male Veteran Kata	KA14

KATA – TEAM				
Category	Code		Category	Code
Mixed Team Kata : 7-9 years	KAT01		Mixed Team Kata : 10-13 years	KAT05
Female Cadet Team Kata	KAT02		Male Cadet Team Kata	KAT06
Female Junior Team Kata	KAT03		Male Junior Team Kata	KAT07
Female Senior Team Kata	KAT04		Male Senior Team Kata	KAT08

CHILDREN U10 KUMITE				
Category	Code		Category	Code
Girls Kumite 7-9 years Open	KU001		Boys Kumite 7-9 years Open	KU002

CHILDREN U12 KUMITE				
Category	Code		Category	Code
Girls U12 Kumite -30Kg	KU01		Boys U12 Kumite -30Kg	KU06
Girls U12 Kumite -35Kg	KU02		Boys U12 Kumite -35Kg	KU07
Girls U12 Kumite -40Kg	KU03		Boys U12 Kumite -40Kg	KU08
Girls U12 Kumite +40Kg	KU04		Boys U12 Kumite -45Kg	KU09
Girls U12 Kumite Teams (3)	KU05		Boys U12 Kumite +45Kg	KU10
			Boys U12 Kumite Teams (3)	KU11

CHILDREN U14 KUMITE				
Category	Code		Category	Code
Girls U14 Kumite -42Kg	KU12		Boys U14 Kumite -40Kg	KU16
Girls U14 Kumite -47Kg	KU13		Boys U14 Kumite -45Kg	KU17
Girls U14 Kumite +47Kg	KU14		Boys U14 Kumite -50Kg	KU18
Girls U14 Kumite Teams (3)	KU15		Boys U14 Kumite -55Kg	KU19
			Boys U14 Kumite +55Kg	KU20
			Boys U14 Kumite Teams (3)	KU21

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CADET KUMITE 14-15 YEARS

Category	Code	Category	Code
Female Cadet Kumite : -47Kg	KU22	Male Cadet Kumite : -52Kg	KU27
Female Cadet Kumite : -54Kg	KU23	Male Cadet Kumite : -57Kg	KU28
Female Cadet Kumite : +54Kg	KU24	Male Cadet Kumite : -63Kg	KU29
Female Cadet Kumite : Open weight	KU25	Male Cadet Kumite : -70Kg	KU30
Female Cadet Kumite : Teams (3)	KU26	Male Cadet Kumite : +70Kg	KU31
		Male Cadet Kumite : Open Weight	KU32
		Male Cadet Kumite : Teams (3)	KU33

JUNIOR KUMITE 16-17 YEARS

Category	Code	Category	Code
Female Junior Kumite : -48Kg	KU34	Male Junior Kumite : -55Kg	KU40
Female Junior Kumite : -53Kg	KU35	Male Junior Kumite : -61Kg	KU41
Female Junior Kumite : -59Kg	KU36	Male Junior Kumite : -68Kg	KU42
Female Junior Kumite : +59Kg	KU37	Male Junior Kumite : -76Kg	KU43
Female Junior Kumite : Open weight	KU38	Male Junior Kumite : +76Kg	KU44
Female Junior Kumite : Teams (3)	KU39	Male Junior Kumite : Open weight	KU45
		Male Junior Kumite : Teams (3)	KU46

U21 KUMITE

Category	Code	Category	Code
Female U21 Kumite : -50Kg	KU47	Male U21 Kumite : -60Kg	KU54
Female U21 Kumite : -55Kg	KU48	Male U21 Kumite : -67Kg	KU55
Female U21 Kumite : -61Kg	KU49	Male U21 Kumite : -75Kg	KU56
Female U21 Kumite : -68Kg	KU50	Male U21 Kumite : -84Kg	KU57
Female U21 Kumite : +68Kg	KU51	Male U21 Kumite : +84Kg	KU58
Female U21 Kumite : Open weight	KU52	Male U21 Kumite : Open weight	KU59
Female U21 Kumite : Teams (3)	KU53	Male U21 Kumite : Teams (3)	KU60

SENIOR KUMITE

Category	Code	Category	Code
Female Senior Kumite : -50Kg	KU61	Male Senior Kumite : -60Kg	KU68
Female Senior Kumite : -55Kg	KU62	Male Senior Kumite : -67Kg	KU69
Female Senior Kumite : -61Kg	KU63	Male Senior Kumite : -75Kg	KU70
Female Senior Kumite : -68Kg	KU64	Male Senior Kumite : -84Kg	KU71
Female Senior Kumite : +68Kg	KU65	Male Senior Kumite : +84Kg	KU72
Female Senior Kumite : Open weight	KU66	Male Senior Kumite : Open weight	KU73
Female Senior Kumite : Teams (3)	KU67	Male Senior Kumite : Teams (3)	KU74

VETERAN KUMITE

Category	Code	Category	Code
Female Veteran Kumite : Open weight	KU75	Male Veteran Kumite : Open weight	KU76



IMPORTANT NOTES

IMPORTANT NOTES FOR COACHES:

Only NGB accredited coaches are permitted in the tatami area.

Anyone wishing to coach at the tatami during the event will have to have NGB national accreditation to prove they are aware of the required rules, responsibilities and expected conduct. **Without this accreditation you will not be able to coach at this event.** All coaches must register via Sportdata.

Coach: Dress code:

Coaches must be in association tracksuits and clearly display their coaching ID badge. Inappropriate dress, as deemed by the chief referee, will be refused access to the competition area. Only coaches adhering to the correct dress code and in possession of a coaching pass will be allowed on the competition area.

Coach: Medical

We record every injury that gives us the slightest concern, however symptoms often occur after the incident and we would ask that the coach or representative informs the medical team of any concerns he or she has at the time of the incident, or anytime after, no matter how trivial it may seem.

We fully intend to have Repechage for CADETS, JUNIORS and SENIORS Individual Kata and Kumite.

However the chief referee has the authority to withdraw repechage if the time frame becomes critical. *Competitors can only compete in their own categories and cannot move up to compete in another category. In the unlikely event of low category entries the organisers reserve the right to amalgamate categories.*

Insurance: It is the responsibility of each individual, or parent / guardian of a competitor if under 18 years of age, to have their own insurance cover for the event. Please advise your competitors accordingly regarding insurance cover. It is the responsibility of the clubs/coaches to ensure that all competitors are aware of this and have been advised of adequate cover. Association/club parental consent to compete is also required. This is the responsibility of the association.

Health and Safety issues have been discussed and we try to plan for every eventuality. However this is a busy tournament and due care and attention is required in all areas. Would all coaches/parents ensure their children are properly chaperoned. Karate matches are performed in bare feet, please ensure proper footwear is used in the arena and surrounding areas, especially approaching the mats.

Disclaimer: Karate is a martial art and contact sport. People can and do get injured and we cannot accept responsibility for any such injury, loss or accident arising from your participation in our training, competitions or associated activities and ask that you are aware, agree and accept this by entering or giving permission to enter this event. We should also be notified, in writing, of any medical condition that may have relevance to their participation in karate.

If you require any further information or assistance then please contact events.kteam@gmail.com



All Competitor, Coach & Referee Registration is via Sportdata

Please note these championships are open to SKGB / WKF affiliated members only

All entries are online only via Sportdata.

All entries must be submitted via your club/association coach. No entries from individuals will be permitted.

No late entries are permitted.

It is the responsibility of coaches to ensure that all competitors are registered and are in the correct categories. Competitors are only allowed to compete in their own age/weight category and are not allowed to move up a category.

Should certain categories fail to meet an acceptable number of entries, or indeed an excess of entries, the event team reserve the right to alter/merge these categories to maintain the integrity of the competition.

Coach Registration: All coaches must register on-line via Sportdata before the closing date. Only coaches who are NGB accredited and registered via SportData will be permitted to coach at SKGB events. NGB coaching badges must be worn and visible at all times.

ENTRY FEES

Competitor		Spectator Entry Fees	
Individual Events	£15	Family pass	£20
Team Events	£30	Adult	£10
		Children -16yrs / Concession	£5

Payment of entry fees

Closing Date for entries and payment of entry fees is 30 NOVEMBER 2019

If entry fees are not received by the closing date, entries may be withdrawn from the event.

All payments should be made by cheque, made payable to Scottish Karate Governing Body.

Payment should be posted to SKGB Office, 2 Strathdee Road, Netherlee, Glasgow, G44 3TJ



Rules of the day

The event will start 9.00am prompt with staggered start times through the day. A full event schedule confirming start times will be published on Sportdata prior to the event.

Competitors in the first categories of the day should be ready to start at 9.00am prompt. **For all other categories competitors should be in the arena a minimum of 1 hour prior to category scheduled start time.** Should the event run ahead of schedule category start times may be brought forward.

Kata 7-9 years can alternate katas (performing a minimum of 2 different katas).
Kata 10-13 years can alternate katas (performing a minimum of 3 different katas.).

Kata and Kumite for 14 years and above will be held under WKF rules.

The following WKF approved equipment is compulsory for all kumite categories:

Mitts **red** for **AKA** and **blue** for **AO**

Shin pads and foot protectors **red** for **AKA** and **blue** for **AO**

Gum Shield

Body protector [compulsory for 14 years and above]

Female chest protector [compulsory for 14 years and above, this is worn as well as the body protector].

Kumite for U14 years olds

Bout duration: 1.30 minutes

WKF rules but no contact will be allowed to the head, face or neck with either the hands or feet
Any contact however slight, will be penalised

Kumite for 14 years and above will be held under WKF rules.

Licence Check & Weigh in: All competitors will be subject to a licence check on the day and all kumite competitors will be required to weigh in. All competitors must be in possession of a valid current licence with proof of grade. If there are any discrepancies in licences or any competitor found not to be the correct weight for the category they have entered will not be allowed to compete. We cannot move competitors to another weight category if they fail the weight checks.

HEALTH AND SAFETY

Please note that no food or drink is permitted in or around the competition area as any spillage poses a health and safety risk

No prams or buggies will be permitted in the hall due space restrictions and the potential risk to individual's safety in the risk of a fire evacuation.

Chief Referee: Mr Robert McQueen

REFEREES BRIEFING: 8.15am

COACHES BRIEFING: 8.30am